



SPOTLIGHT ON YOUR DISTRICT: Congressional District 1

Patrick Schaefer, Policy Analyst | April 2026

KEY METRICS



783,000
total population



64,546
median household income



200,543 | 26%
age 65+



47.4
median age



13%
poverty rate



34,117 | 4%
under age 5

POVERTY RATE FOR



Families with children:

13%



Children under age 18:

15%



Single parent (female) family:

36%

RACE/ETHNICITY

White	699,184	(89%)
Black or African American	9,275	(1%)
Hispanic or Latino	18,079	(2%)
Asian	4,862	(<1%)
American Indian/ Alaska Native	13,725	(2%)
Native Hawaiian/ Other Pacific Islander	122	(<1%)
Two or More Races	34,944	(5%)

MEDIAN WAGE

58,555
for men

46,672
for women

Female-to-male earnings ratio: **43%**
(Women earn 43¢ for every dollar men earn.)

LANGUAGE SPOKEN

A language other than English spoken at home:

22,586 | 3%

Kamusta!

Habari!

Limited English proficiency (age 5+):

6,203 | <1%

Hola!

ANNUAL HOUSEHOLD INCOME

17% Under \$25,000

40% \$25,000 - \$74,999

43% \$75,000 or more

TECHNOLOGY



320,874 | 94%
Households with a computer



301,197 | 88%
Households with broadband internet subscription

EDUCATIONAL ATTAINMENT AGE 25+

Less than ninth grade	9,379	2%
Ninth to twelfth grade, no diploma	27,719	5%
High school diploma or equivalent	180,828	31%
Some college, no degree	132,677	23%
Associate degree	64,473	11%
Bachelor's degree	101,725	18%
Graduate or professional degree	61,804	11%

DISABILITY STATUS



9,106 | 7%
children under age 18 with disability

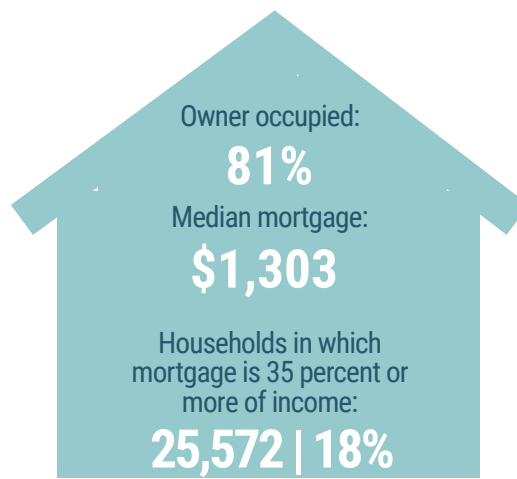
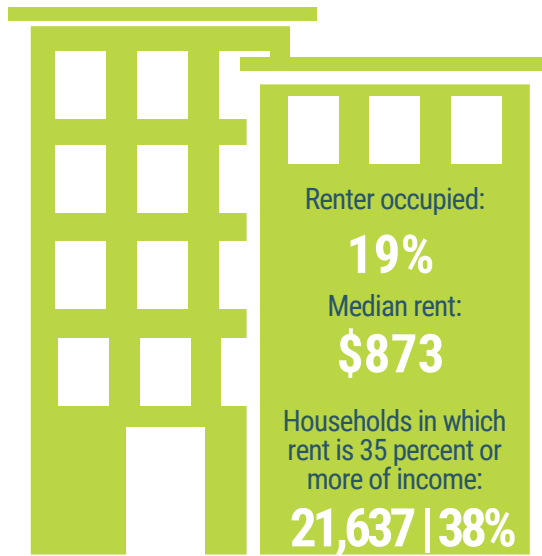


62,547 | 15%
18-64 years old with disability



60,700 | 31%
65 years old and over with disability

HOUSING



HEALTH INSURANCE



Population with Health Insurance

Private: **530,399 | 69%**

Public: **363,435 | 47%**

Population with No Health Insurance

Total: **39,819 | 5%**

Children: **5,964 | 4%**

COMMUTING TO WORK

Travel time to work: **21.1 minutes**



75%

Drove alone
(car, truck or van)



9%

Carpooled



<1%

Public
transportation



3%

Walked



2%

Other means



10%

Worked at
home

Scan to view more
data at
www.mlpp.org



Source: American Community Survey, 2024 5-Year Data Profiles